**CLASSICS**

<table>
<thead>
<tr>
<th></th>
<th>S</th>
<th>M</th>
<th>L</th>
</tr>
</thead>
<tbody>
<tr>
<td>MOCHA milk or white chocolate</td>
<td>340 Cal</td>
<td>420 Cal</td>
<td>530 Cal</td>
</tr>
<tr>
<td>VANILLA LATTE</td>
<td>350 Cal</td>
<td>430 Cal</td>
<td>490 Cal</td>
</tr>
<tr>
<td>LATTE</td>
<td>120 Cal</td>
<td>180 Cal</td>
<td>220 Cal</td>
</tr>
<tr>
<td>CARAMEL HIGH RISE*</td>
<td>260 Cal</td>
<td>370 Cal</td>
<td>460 Cal</td>
</tr>
<tr>
<td>CHAI TEA LATTE</td>
<td>250 Cal</td>
<td>320 Cal</td>
<td>380 Cal</td>
</tr>
<tr>
<td>HOT CHOCOLATE</td>
<td>410 Cal</td>
<td>510 Cal</td>
<td>590 Cal</td>
</tr>
</tbody>
</table>

**CUSTOMIZE IT:**
flavor shot, espresso shot or almond milk

**COFFEE**

<table>
<thead>
<tr>
<th></th>
<th>S</th>
<th>M</th>
<th>L</th>
</tr>
</thead>
<tbody>
<tr>
<td>COLD PRESS</td>
<td>5 Cal</td>
<td>5 Cal</td>
<td>5 Cal</td>
</tr>
<tr>
<td>HOT COFFEE</td>
<td>5 Cal</td>
<td>5 Cal</td>
<td>5 Cal</td>
</tr>
</tbody>
</table>

Caribou Blend Medium Roast
Caribou Blend Decaf Medium Roast
Fireside Dark Roast
Vanilla Hazelnut Flavored Medium Roast

**FROZEN**

<table>
<thead>
<tr>
<th></th>
<th>S</th>
<th>M</th>
<th>L</th>
</tr>
</thead>
<tbody>
<tr>
<td>CARIBOU COOLERS®</td>
<td>520-600 Cal</td>
<td>600-710 Cal</td>
<td>690-820 Cal</td>
</tr>
</tbody>
</table>

Coffee + Ice + Flavor + Whip
Real Vanilla
Real Chocolate
Real Caramel

<table>
<thead>
<tr>
<th></th>
<th>S</th>
<th>M</th>
<th>L</th>
</tr>
</thead>
<tbody>
<tr>
<td>STRAWBERRY BANANA SMOOTHIE</td>
<td>280 Cal</td>
<td>360 Cal</td>
<td>430 Cal</td>
</tr>
</tbody>
</table>

**TEA**

<table>
<thead>
<tr>
<th></th>
<th>S</th>
<th>M</th>
<th>L</th>
</tr>
</thead>
<tbody>
<tr>
<td>HOT TEA</td>
<td>0 Cal</td>
<td>0 Cal</td>
<td>0 Cal</td>
</tr>
<tr>
<td>ICED TEA</td>
<td>0 Cal</td>
<td>0 Cal</td>
<td>0 Cal</td>
</tr>
</tbody>
</table>

**FOUNTAIN**

<table>
<thead>
<tr>
<th></th>
<th>M</th>
<th>L</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>0-280 Cal</td>
<td>0-420 Cal</td>
</tr>
</tbody>
</table>

Espresso drinks not available at all locations.

©©Caribou Coffee Company, Inc. All rights reserved 2019.

©©Einstein Noah Restaurant Group, Inc. All rights reserved 2019.

**JOIN THE SHMEAR SOCIETY**

Download the Einstein Bros.® Bagels app or sign up at ShmearSociety.com

Earn 2 points for every $1 spent, redeem rewards and get more great offers!

**INVITE US TO YOUR NEXT PARTY OR GATHERING.**
Breakfast & Lunch Delivery or Pre-order for Pickup

EBCATERING.COM OR 1.800.BAGEL.ME (224-3563)
### EGG SANDWICHES

#### SIGNATURE

- **Farmhouse** | 680 Cal  
  Eggs, Thick-Cut Bacon, Smoked Ham, Cheddar Cheese with Country Pepper Shmear on a Cheesy Hash Brown Gourmet Bagel

- **Chorizo Sunrise** | 840 Cal  
  Eggs, Chorizo, Pepper Jack Cheese, Avocado, Jalapeño Salsa Shmear on a Green Chile Gourmet Bagel

- **Crispy Chicken & Tater** | 800 Cal  
  Eggs, Crispy Chicken Breast, Cheddar Cheese with Country Pepper Shmear on a Cheesy Hash Brown Gourmet Bagel

- **Spinach, Mushroom & Swiss** | 490 Cal  
  Eggs, Swiss, Spinach, Mushroom on an Ancient Grain Bagel

#### EGG WHITES

- **Santa Fe** | 410 Cal  
  Egg White, Turkey-Sausage, Pepper Jack Cheese with Roasted Tomato Salsa and Jalapeño Salsa Shmear on an Asiago Thintastic Bagel

- **Bacon, Avocado & Tomato** | 420 Cal  
  Egg White, Thick-Cut Bacon, Avocado, Tomato with Roasted Tomato Spread on a Plain Thintastic Bagel

### CUSTOMIZE IT

- **Add a Second Egg** | Adds 80 Cal
- **Upgrade to a Gourmet Bagel** | Adds 60-80 Cal
- **Substitute Egg White** | Subtract 45 Cal per Egg
- **Make Your Bagel Thintastic** | Subtract 70-120 Cal

### MAKE IT A MEAL

Add Twice-Baked Hash Brown and Medium Coffee or Orange Juice | 75-400 Cal

### DELI LUNCH

- **Side Included:** Pickle 5 Cal and choice of:  
  - Chips 180 Cal  
  - Potato Salad 220 Cal  
  - Fresh Fruit 50 Cal

- **Nova Lox** | 480 Cal  
  Nova Lox, Red Onion, Capers, Tomato with Plain Shmear on a Plain Bagel

- **Turkey, Bacon & Avocado** | 620 Cal  
  Roasted Turkey, Thick-Cut Bacon, Avocado, Lettuce, Tomato with Roasted Tomato Spread on a Fresh-Baked Potato Roll

- **Tasty Turkey** | 510 Cal  
  Roasted Turkey, Spinach, Cucumber, Lettuce, Tomato with Onion & Chive Shmear on an Asiago Bagel

- **Humus Veg Out** | 410 Cal  
  Hummus, Tomato, Cucumber, Red Onion with Garden Veggie Shmear on an Ancient Grain Bagel

- **Albacore Tuna Salad** | 560 Cal  
  Albacore Tuna, Celery and Mayo with Lettuce, Tomato, Red Onion on an Ancient Grain Bagel

- **Turkey & Cheddar** | 550 Cal  
  Smoked Ham, Swiss Cheese, Lettuce, Tomato, Red Onion, with Mayo and Deli Mustard on a Fresh-Baked Potato Roll

- **Ham & Swiss** | 560 Cal  
  Smoked Ham, Swiss Cheese, Lettuce, Tomato, Red Onion, with Mayo and Deli Mustard on a Fresh-Baked Potato Roll

- **Pizza Bagel**  
  - Cheese 440 Cal  
  - Pepperoni 530 Cal

### VEGETARIAN / CONTAINS NUTS

- "25% less fat than our regular shmear. Fat content has been reduced from 12g to 9g per serving.

- "COLD SMOKED SALMON IS NOT COOKED. CONSUMING RAW OR UNDER COOKED SEAFOOD MAY INCREASE THE RISK OF FOODBORNE ILLNESS.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

*Items subject to change without notice and may not be available in all locations.*