**Medical & Supplemental Insurance**

- Medical/Rx, Dental and Vision Insurance
- HSA (Health Savings Account) - An alternative to a traditional medical insurance plan.
- FSA (Flexible Spending Account)\(^M\) - Employee sponsored spending accounts that allow you to set aside pre-tax dollars for medical and dependent care expenses.
- FlexAccess Rx\(^M\) - a coupon program for certain specialty drugs.
- Voluntary Life Insurance
- Voluntary Critical Illness, Accident and Hospital Indemnity Insurance
- Short-Term Disability**
- Long-Term Disability
- Pet Insurance*\(^M\)
- Travel Assistance

**Retirement Planning**

- 401k* (must be 21+ and employed for 3+ months)
- Non-Qualified Deferred Compensation

**Personal Growth**

- ReThink (ReThink Care) - e-learning and clinical support for children and adults with developmental disabilities. Provides parent and caregiver support as well.
- Omada\(^M\) - online weight loss program
- Adoption Assistance
- Tuition Reimbursement

**Mental Health & Wellness**

**Employee Assistance Program**
For the times in life when you might need help coping or figuring out what to do, EAP can guide you.

- Depression, grief, loss and emotional well being
- Family, marital and other relationship issues
- Life improvement and goal-setting
- Online will preparation

**Learn to Live**
Your mental health and well-being resource, Learn to Live offers free, 100% confidential online programs for stress, anxiety and worry, depression, social anxiety, insomnia and substance use.

**Employee Discounts**
Having fun, getting away and saving money are important for your well-being. Tickets at Work provides access to thousands of exclusive travel and entertainment discounts. Sprint Perks and Quicken Loans discounts are also available.

**Hinge Health**
For those suffering from back and joint pain, Hinge Health offers a digital musculoskeletal customized care health plan. Your personalized health coach or physical therapist will guide you through exercise therapy in the app.

* All part time employees who meet criteria are eligible.
** Bakers who work +15 hours per week are also eligible.
\(^M\) Must be enrolled in a medical health plan to participate.