Guest satisfaction and safety is our most valued priority. We prepare and use food ingredients containing all 8 major allergens in our restaurant kitchens. Although measures are taken to prevent cross contact, as a bakery/ restaurant, there is possibility of food touching, allergens like wheat becoming airborne or common equipment being utilized to handle foods containing any of the major allergens. If you have an allergen concern of any type, please openly discuss your needs with your server to fully understand all the facts you need to decide on a safe dining choice that fits your unique allergen needs. - Thank you.

	Einstein Bros.® Nutrition Information													Allergen Information									
	Serving Size	Weight (g.)	Calories	Total Fat (g.)	Saturated Fat (g.)	Trans Fats (g.)	Cholesterol (mg.)	Sodium (mg.)	Total Carbs. (g.)	Dietary Fiber (g.)	Sugars (g.)	Added Sugar (g.)	Protein (g.)	Egg	Milk	Soy	Wheat	Tree Nuts	Peanuts	Fish	Shellfish	Sesame	Additional Info
Classic Bagels **Items Available at License Locations Only (Airports, Hospitals, College Campuses)*																							
Ancient Grain	1 Bagel	106	290	5	0.5	0	0	450	50	7	9	6	13			X	X						
Cinnamon Raisin	1 Bagel	105	280	1	0	0	0	460	59	2	11	4	10			X	X					X	
Cranberry	1 Bagel	105	310	3.5	0.5	0	0	440	59	2	12	10	9			X	X					X	
Everything	1 Bagel	104	280	1	0	0	0	570	57	2	5	4	11			X	X					X	
Garlic	1 Bagel	104	280	1.5	0	0	0	510	57	2	5	4	11			X	X					X	
Honey Whole Wheat	1 Bagel	101	280	3	0.5	0	0	440	51	6	8	7	12				X					X	
Onion	1 Bagel	104	280	0.5	0	0	0	510	58	2	6	4	10			X	X					X	
Plain	1 Bagel	101	270	0.5	0	0	0	510	56	2	5	4	10			X	X					X	
Poppy Seed	1 Bagel	104	280	2	0	0	0	510	56	3	5	4	11			X	X					X	
Pumpernickel	1 Bagel	101	270	1	0	0	0	420	55	3	4	2	10			X	X					.	
Sesame Seed	1 Bagel	104	290	2	0	0	0	510	56	2	5	4	11			X	X					X	
Cinnamon Raisin *	1 Bagel	105	290	1	0	0	0	490	61	2	12	4	10				X					X	
Cranberry *	1 Bagel	105	310	4	1	0	0	470	60	3	13	10	10				X					X	
Everything *	1 Bagel	105	280	1.5	0	0	0	540	58	2	6	4	10				X					X	
Honey Whole Wheat *	1 Bagel	105	290	3.5	0	0	0	480	52	6	9	8	12				X					X	
Plain *	1 Bagel	105	280	1	0	0	0	540	58	2	6	4	10				X					X	
Sesame Seed *	1 Bagel	105	280	2	0	0	0	530	56	2	6	4	11				X					X	
Signature Bagels **Items Available at License Locations Only (Airports, Hospitals, College Campuses)*																							
Asiago Cheese	1 Bagel	109	300	3.5	1.5	0	10	650	54	2	5	4	13		X	X	X					X	
Blueberry	1 Bagel	106	280	1	0	0	0	440	60	2	10	8	9			X	X					X	
Chocolate Chip	1 Bagel	103	280	3	1.5	0	0	470	56	2	10	9	10			X	X					X	
Cinnamon Sugar	1 Bagel	108	300	2	0.5	0	0	520	61	3	11	10	10		X	X	X					X	
French Toast	1 Bagel	117	380	7	2	0	0	490	70	2	21	9	10			X	X					X	
Pretzel	1 Bagel	100	260	0.5	0	0	0	4440	54	2	5	4	10				X					X	
Asiago Cheese *	1 Bagel	110	310	2.5	1.5	0	5	640	57	2	5	4	13		X	X	X					X	
Blueberry *	1 Bagel	105	280	1	0	0	0	490	59	2	10	8	10				X					X	
Chocolate Chip *	1 Bagel	105	290	2.5	1.5	0	0	490	58	2	10	8	10			X	X					X	
French Toast *	1 Bagel	105	320	4.5	1.0	0	0	500	60	2	11	10	10				X					X	
Thintastic Bagels **Items Available at License Locations Only (Airports, Hospitals, College Campuses)*																							
Ancient Grain Thin	1 Thin	74	190	2.5	0	0	0	340	35	4	7	4	9				X						
Everything Thin	1 Thin	74	200	1	0	0	0	410	41	2	4	3	8			X	X					X	
Honey Whole Wheat Thin	1 Thin	74	200	2.5	0	0	0	320	37	5	6	5	9				X					X	
Plain Thin	1 Thin	74	200	0	0	0	0	370	41	2	4	3	7			X	X					X	
Gourmet Bagels																							
Apple Cinnamon	1 Bagel	149	420	7	2	0	0	610	78	2	28	25	9			X	X						
Cheesy Hash Brown Bagel	1 Bagel	127	390	11	4.5	0	10	640	59	3	5	4	13		X		X						
Green Chile	1 Bagel	156	390	11	5	0	25	690	55	3	6	4	18		X	X	X						
Jalapeno Cheddar	1 Bagel	127	330	8	3.5	0	15	650	51	2	5	4	13		X	X	X						
Power Protein Bagel	1 Bagel	113	310	4	0	0	0	160	59	4	12	5	11				X	X					Walnuts
Six-Cheese	1 Bagel	126	360	10	4.5	0	20	650	51	2	5	4	16		X	X	X						
Spinach Florentine	1 Bagel	142	370	11	4.5	0	15	560	52	3	5	4	14		X	X	X						
Specialty Breads **Items Available at License Locations Only (Airports, Hospitals, College Campuses)*																							
Ciabatta Roll*	1 Ciabatta																						
Potato Roll	1 Roll	100	270	3.5	0.5	0	0	420	50	2	5	4	9				X						
Flour Tortilla*	1 Tortilla	104	290	7	3	0	0	750	50	6	0		9			X[1]	X						
Whipped Cream Cheese Shmear																							
Garden Veggie Reduced Fat	1.2 oz	35	100	9	6	0	30	190	5	0	2	0	2		X								
Garlic and Herb	1.2 oz	35	110	9	5	0	30	190	5	0	2	0	2		X								
Honey Almond Reduced Fat	1.2 oz	35	120	9	4.5	0	25	80	10	0	7	5	2		X			X					Almonds

	Serving Size	Weight (g.)	Calories	Total Fat (g.)	Saturated Fat (g.)	Trans Fats (g.)	Cholesterol (mg.)	Sodium (mg.)	Total Carbs. (g.)	Dietary Fiber (g.)	Sugars (g.)	Added Sugar (g.)	Protein (g.)	Egg	Milk	Soy	Wheat	Tree Nuts	Peanuts	Fish	Shellfish	Sesame	Additional Info
Jalapeno Salsa Reduced Fat	1.2 oz	35	100	9	5	0	25	190	5	1	2	0	2		X								
Onion and Chive	1.2 oz	35	110	10	6	0	35	105	4	0	1	0	2		X								
Plain	1.2 oz	35	120	12	7	0	40	120	2	0	2	0	2		X								
Plain Reduced Fat	1.2 oz	35	100	9	5	0	30	190	5	0	2	0	2		X								
Smoked Salmon	1.2 oz	35	110	10	6	0	35	240	3	0	1	0	3		X					X			Salmon
Strawberry Reduced Fat	1.2 oz	35	120	9	5	0	30	90	9	0	6	5	1		X								
Crafted Whipped Shmear																							
Country Pepper Shmear	0.7 oz	19	60	5	3	0	15	75	3	0	1	0	1		X								
Spreads **Items Available at License Locations Only (Airports, Hospitals, College Campuses)*																							
Butter Blend	0.5 oz	14	110	12	5	0	0	85	0	0	0	0	0		X								
Honey	1.0 oz	28	90	0	0	0	0	0	23	0	22	22	0										
Natural Peanut Butter	1.5 oz	43	240	21	4.5	0	0	105	10	4	5	3	9			X			X				
Natural Strawberry Jam	1.0 oz	28	60	0	0	0	0	0	16	0	14	14	0										
Peanut Butter and Jam *	2.5 oz	71	320	20	3.5	0	0	105	29	3	21		9						X				
Eggs **Items Available at License Locations Only (Airports, Hospitals, College Campuses)*																							
1 Cage Free Egg	1 Egg	46	80	6	2	0	185	140	1	0	0	0	6	X	X								
2 Cage Free Eggs	2 Egg	102	160	11	4	0	370	280	2	0	1	0	13	X	X								
1 Egg White	1 Egg	58	35	1	0	0	0	170	1	0	0	0	6	X	X								
2 Egg White	2 Egg	116	70	1.5	0.5	0	0	330	1	0	0	0	12	X	X								
Fried Egg Patty *	1 Egg	43	90	8	1.5	0	120	105	1	0	0	0	5	X		X							
Cheese																							
American 1 Slice	0.5 oz	14	50	4.5	2.5	0	15	250	1	0	1	0	2		X	X							
Cheddar 1 Slice	0.5 oz	14	60	4.5	2.5	0	15	95	0	0	0	0	3		X								
Swiss 1 Slice	0.5 oz	14	60	4.5	2.5	0	15	25	0	0	0	0	4		X								
Meat																							
Bacon	4 Pieces	14	70	5	2	0	15	240	1	0	1	0	5										
Brisket	2 oz	57	150	11	4.5	0	40	460	0	0	0	0	11										
Chorizo Sausage Patty	1 Patty	43	160	16	5	0	30	390	1	0	0	0	5										
Ham, Breakfast	1.5 oz	43	45	1	0	0	15	480	2	0	2	0	6										
Ham, Lunch	3.0 oz	85	90	2.5	1	0	35	970	4	0	3	0	12										
Lox	2.0 oz	57	120	8	1	0	25	510	1	0	1	0	12							X			Salmon
Pepperoni Slices	10 Pieces	19	90	9	3.5	0	20	330	1	0	0	0	3										
Turkey, Lunch	3.0 oz	85	90	1	0	0	35	740	5	0	2	2	14										
Turkey Sausage Patty	1 Patty	40	80	6	1.5	0	40	260	0	0	0	0	7										
Sauces																							
Chipotle Salsa	0.5 oz	14	5	0	0	0	0	80	1	0	1	0	0										
Double Egg Mayo	0.5 oz	14	100	12	2	0	10	40	0	0	0	0	0	X									
Roasted Tomato Spread	0.5 oz	14	80	8	1.5	0	5	110	1	0	1	1	0	X	X								
Spicy Brown Mustard	0.5 oz	14	15	0	0	0	0	140	0	0	0		0										
Veggies																							
Avocado	1.0 oz	28	50	4	0.5	0	0	0	3	2	0	0	1										
Capers	0.1 oz	3	0	0	0	0	0	60	0	0	0	0	0										
Cucumber	3 Slices	28	5	0	0	0	0	0	1	0	0	0	0										
Leaf Lettuce	0.5 oz	14	0	0	0	0	0	0	0	0	0	0	0										
Pickle Spear	1.0 oz	28	0	0	0	0	0	260	0	0	0	0	0										
Red Onion	3 Slices	9	5	0	0	0	0	0	1	0	0	0	0										
Spinach	0.5 oz	14	5	0	0	0	0	10	1	0	0	0	0										
Tomato	2 Slices	43	10	0	0	0	0	0	2	0	1	0	0										
Einstein Bros. Company: Classic 1 Egg Sandwiches *^Nutrition and Allergen Information Shown is Made on Plain Bagel*																							
Applewood Bacon & Cheddar ^	6.2 oz	175	450	16	7	0	215	980	58	2	6	4	25	X	X	X	X						
Cheddar Cheese ^	5.7 oz	161	400	11	4.5	0	200	740	57	2	5	4	20	X	X	X	X						
Ham & Swiss ^	7.2 oz	204	450	12	5	0	215	1160	59	2	7	4	26	X	X	X	X						
Turkey Sausage & Cheddar ^	7.1 oz	201	490	17	6	0	240	1000	57	2	6	4	27	X	X	X	X						
Einstein Bros. Company: Classic 2 Egg Sandwiches *^Nutrition and Allergen Information Shown is Made on Plain Bagel*																							
Applewood Bacon & Cheddar ^	8.2 oz	232	550	21	9	0.5	400	1130	58	2	7	4	31	X	X	X	X						
Cheddar Cheese ^	7.7 oz	218	480	16	7	0.5	385	890	57	2	6	4	26	X	X	X	X						
Ham & Swiss ^	9.2 oz	260	530	17	7	0.5	400	1300	59	2	7	4	33	X	X	X	X						

	Serving Size	Weight (g.)	Calories	Total Fat (g.)	Saturated Fat (g.)	Trans Fats (g.)	Cholesterol (mg.)	Sodium (mg.)	Total Carbs. (g.)	Dietary Fiber (g.)	Sugars (g.)	Added Sugar (g.)	Protein (g.)	Egg	Milk	Soy	Wheat	Tree Nuts	Peanuts	Fish	Shellfish	Sesame	Additional Info
Turkey Sausage & Cheddar ^	9.1 oz	257	570	22	8	0.5	425	1140	58	2	6	4	33	X	X	X	X						
Einstein Bros. Company: Classic Egg White Sandwiches *^Nutrition and Allergen Information Shown is Made on Plain Bagel*																							
Applewood Bacon & Cheddar ^	6.6 oz	187	430	11	5	0	30	1010	57	2	6	4	25	X	X	X	X						
Cheddar Cheese ^	6.1 oz	173	360	6	3	0	15	770	56	2	5	4	20	X	X	X	X						
Ham & Swiss ^	7.6 oz	216	400	7	3.5	0	30	1180	58	2	7	4	26	X	X	X	X						
Turkey Sausage & Cheddar ^	7.5 oz	213	450	12	4.5	0	55	1020	56	2	5	4	26	X	X	X	X						
Einstein Bros. Company Chef's Creations: 1 Egg Sandwiches																							
Chorizo Sunrise	10.7 oz	305	790	46	18	0.5	265	1410	64	5	8	4	34	X	X	X	X						
Farmhouse	9.2 oz	262	690	32	14	0.5	255	1670	65	3	9	4	35	X	X	X	X						
Garden Avocado	8.8 oz	249	500	19	4	0	190	840	64	5	8	5	18	X	X	X	X					X	
Santa Fe Sandwich	8.5 oz	241	580	24	11	0.5	260	1320	59	2	7	4	31	X	X	X	X						
Smokehouse Brisket	9.9 oz	280	820	51	16	0.0	270	1690	55	2	6	4	36	X	X		X						
Einstein Bros. Company Chef's Creations: 2 Egg Sandwiches																							
All-Nighter	10.6 oz	300	900	56	19	1	435	1910	65	3	8	4	35	X	X	X	X						
Chorizo Sunrise	12.7 oz	361	870	51	20	1	455	1550	64	5	9	4	40	X	X	X	X						
Farmhouse	11.2 oz	318	770	38	16	1	445	1810	66	3	10	4	41	X	X	X	X						
Garden Avocado	10.8 oz	306	580	25	6	0	375	980	65	5	8	5	24	X	X	X	X					X	
Santa Fe Sandwich	10.5 oz	297	660	29	12	1	450	1460	60	2	8	4	37	X	X	X	X						
Smokehouse Brisket	11.5 oz	326	900	57	18	0.5	455	1830	56	2	7	4	42	X	X		X						
Einstein Bros. Company Chef's Creations: 1 Egg White Sandwiches																							
Bacon Avocado Tomato Thin	8.1 oz	231	440	19	4.5	0	20	890	47	4	7	3	19	X	X	X	X						
Chorizo Sunrise	11.2 oz	317	750	41	17	0.5	80	1440	63	5	8	4	34	X	X	X	X						
Farmhouse	9.7 oz	274	650	27	13	0	70	1690	65	3	9	4	34	X	X	X	X						
Garden Avocado	9.2 oz	261	450	14	2.5	0	5	860	63	5	7	5	18	X	X	X	X					X	
Santa Fe Sandwich	8.9 oz	253	540	19	9	0	75	1340	59	2	7	4	31	X	X	X	X						
Smokehouse Brisket	10.3 oz	292	780	47	14	0	85	1710	54	2	6	4	35	X	X		X						
Einstein Bros. Company Burrito *NW Locations Only																							
Big Breakfast Burrito*	13.6 oz	387	1000	59	25	0.5	340	1960	75	5	6	0	43	X	X	X	X						
Chorizo and Potato Breakfast Burrito	14.0 oz	398	1120	68	30	1	490	2430	75	4	6	0	49	X	X		X						
Einstein Bros. License: Classic Egg Sandwiches *^Nutrition and Allergen Information Shown on Plain Bagel *Items Available at License Locations Only (Airports, Hospitals, College Campuses)*																							
Applewood Bacon & Cheddar ^ *	6.1 oz	173	470	17	6	0	135	950	59	4	6		22	X	X	X	X						
Cheddar Cheese ^ *	5.7 oz	163	420	13	4.5	0	125	740	59	4	6		19	X	X	X	X						
Ham & Swiss ^ *	7.2 oz	205	470	14	5	0	150	1260	60	4	7		28	X	X	X	X						
Turkey Sausage & Cheddar ^ *	7.2 oz	204	490	17	6	0	155	1020	60	4	7		26	X	X	X	X						
Einstein Bros. License: Signature Egg Sandwiches **Items Available at License Locations Only (Airports, Hospitals, College Campuses)*																							
All-Nighter*	9.8 oz	278	900	58	16	0.5	280	1780	65	0	8	0	32	X	X	X	X						
Bacon Avocado Tomato Thin*	8.0 oz	226	400	17	3.5	0	15	770	47	5	7		17	X	X	X	X						
Farmhouse *	8.8 oz	250	680	32	13	0	180	1740	64	3	7		35	X	X	X	X						
Garden Avocado	8.7 oz	248	510	21	3.5	0	120	770	65	3	8	0	16	X	X	X	X					X	
Santa Fe on Asiago Thin *	7.7 oz	218	420	16	8	0	60	1090	42	0	6	0	26	X	X	X	X						
Southwest Egg White *	7.7 oz	218	400	14	7	0	50	1090	45	3	6		24	X	X	X	X						
Einstein Bros. License: Burrito **Items Available at License Locations Only (Airports, Hospitals, College Campuses)*																							
Big Bro's Burrito *	15.1 oz	429	1200	74	33	1	340	2440	90	5	4		50	X	X	X	X						
Einstein Bros. Company: Signature Lunch Sandwiches																							
Avocado Veg Out on Sesame	9.1 oz	259	410	11	3.5	0	15	630	66	6	8	4	14		X	X	X					X	
Ham & Swiss on Plain Bagel	10.4 oz	295	540	20	5	0	55	1690	63	3	10	4	27	X	X	X	X						
Nova Lox on Plain Bagel	8.7 oz	248	520	20	8	0	65	1210	61	3	9	4	24		X	X	X			X			Salmon
Tasty Turkey on Asiago Bagel	11.6 oz	329	510	15	8	0	75	1510	67	4	10	6	30		X	X[1]	X						
Turkey & Cheddar on Plain Bagel	10.4 oz	295	540	19	5	0	55	1530	64	3	8	6	28	X	X	X	X						
Turkey, Bacon & Avocado on Plain Bagel	11.0 oz	313	630	27	5	0	60	1720	69	5	10	7	30	X	X	X	X						
Einstein Bros. Company: Hot and Toasty Lunch Sandwiches																							
Pizza Bagel, Cheese	6.4 oz	183	460	13	8	0	40	1090	61	3	7	4	25		X	X	X						
Pizza Bagel, Pepperoni	7.1 oz	202	560	22	11	0	60	1420	61	3	7	4	28		X	X	X						
Einstein Bros. License: Signature Lunch Sandwiches **Items Available at License Locations Only (Airports, Hospitals, College Campuses)*																							
Avocado Veg Out*	9.2 oz	261	410	11	3.5	0	15	640	67	3	9	0	14		X	X	X					X	
Ham & Swiss on Plain Bagel*	10.6 oz	300	560	20	5	0	70	1890	63	5	9		32	X	X	X	X						
California Turkey Wrap*	12.5 oz	354	640	29	9	0	60	1730	65	5	5	0	28	X	X	X	X						
Chicken Salad on Plain Bagel *	9.7 oz	276	520	17	3	0	65	880	62	5	9		31	X		X	X						

	Serving Size	Weight (g.)	Calories	Total Fat (g.)	Saturated Fat (g.)	Trans Fats (g.)	Cholesterol (mg.)	Sodium (mg.)	Total Carbs. (g.)	Dietary Fiber (g.)	Sugars (g.)	Added Sugar (g.)	Protein (g.)	Egg	Milk	Soy	Wheat	Tree Nuts	Peanuts	Fish	Shellfish	Sesame	Additional Info
Nova Lox on Plain Bagel*	8.8 oz	251	500	17	9	0	50	1340	64	5	10		23	X	X	X	X			X			Salmon
Tasty Turkey on Asiago Bagel*	11.5 oz	326	510	15	9	0	75	1720	64	5	10		29		X	X	X						
Turkey & Cheddar on Plain Bagel*	10.6 oz	300	550	19	5	0	55	1840	65	6	10		28	X	X	X	X						
Turkey, Bacon & Avocado on Ciabatta*	10.5 oz	298	580	28	5	0	55	2070	54	5	5		26	X	X	X	X						
Einstein Bros. License: Hot Sandwiches **Items Available at License Locations Only (Airports, Hospitals, College Campuses)*																							
Albuquerque Turkey *	12.0 oz	340	680	30	16	0.5	105	2280	60	4	10		40		X	X	X						
Cheesy Veggie Melt*	8.2 oz	232	610	37	14	1	70	1160	50	1	3	0	24	X	X	X	X						
Chicken and Pepperoni *	9.7 oz	274	680	35	14	0	125	1550	50	2	3		47	X	X	X	X						
Pizza Bagel Cheese*	6.6 oz	188	450	14	8	0	40	1070	62	5	7		24		X	X	X						
Pizza Bagel Pepperoni*	7.3 oz	207	540	23	11	0	55	1420	62	5	8		28		X	X	X						
Spicy Chicken Ciabatta*	9.6 oz	272	620	27	14	0.5	120	1510	54	1	4	0	42		X		X						
Sides																							
Sea Salt Potato Chips	1.0 oz	28	150	9	1	0	0	95	17	1	1	0	2										
Twice Baked Hash Brown	3.0 oz	85	170	11	6	0	35	260	11	1	1	0	7		X								
Soup **Items Available at License Locations Only (Airports, Hospitals, College Campuses)*																							
Soup, Broccoli Cheese	8 oz	237	230	17	5	0	20	1140	14	3	3		5		X	X							
	12 oz	305	330	24	7	0	25	1670	20	4	4		6		X	X							
	16 oz	464	430	32	9	0	35	2210	27	5	5		8		X	X							
Soup, Chicken Noodle	8 oz	227	110	2.5	0.5	0	20	1110	12	0	1		8	X			X						
	12 oz	340	160	4	1	0	30	1660	18	0	2		12	X			X						
	16 oz	454	210	5	1.5	0	40	2210	24	0	3		16	X			X						
Soup, Vegetarian Chile	8 oz	255	160	2	0	0	0	810	28	7	5		6				X						
	12 oz	383	230	3	0	0	0	1220	42	11	8		9				X						
	16 oz	510	310	4	0	0	0	1620	56	15	10		12				X						
Avocado Toast **Items Available at License Locations Only (Airports, Hospitals, College Campuses)*																							
Avocado Toast	5.6 oz	160	380	9	1.5	0	0	680	63	6	6	4	11			X	X					X	
Avocado Toast *	5.7 oz	163	410	13	2	0	0	660	62	7	6		12			X	X					X	
Sweets **Items Available at License Locations Only (Airports, Hospitals, College Campuses)*																							
Cookie, Heavenly Chocolate Chip	3.5 oz	99	470	23	14	0.5	45	230	62	2	38	37	5	X	X	X	X						
Cinnamon Roll	6.5 oz	185	610	39	16	0	55	760	98	3	44	42	11	X	X	X	X						
Party Bagel, Chocolate Birthday Cake	5.3 oz	150	590	31	14	0	0	430	74	2	38	37	6	X	X	X	X						
Pastry, Apple Pie	3.0 oz	85	250	10	4	0	0	180	38	1	16	15	3			X	X						
Pastry, Strawberry and Cream Strudel	3.8 oz	109	340	17	8	0	0	280	42	1	17	16	4		X	X	X						
Muffin, Blueberry	4.2 oz	120	440	25	5	0	85	530	48	1	27	23	5	X	X	X	X						
Muffin, Chocolate Chip	4.2 oz	120	530	30	8	0	85	540	56	1	36	33	6	X	X	X	X						
Beverages																							
Classic Coffee Drinks (With 2% Milk)																							
Americano, Hot	12 fl oz	5	0	0	0	0	20	0	0	0	0	2											
	16 fl oz	5	0	0	0	0	20	0	0	0	0	2											
	20 fl oz	10	0	0	0	0	30	0	0	0	0	3											
Cappuccino, Hot	12 fl oz	110	4	2.5	0	15	105	10	0	10	0	9			X								
	16 fl oz	140	5	3.5	0	20	130	13	0	13	0	11											
	20 fl oz	170	6	4	0	25	160	15	0	15	0	14											
Chai Tea Latte, Hot	12 fl oz	170	4	2.5	0	15	90	26	0	24	14	7			X								
	16 fl oz	230	5	3.5	0	20	115	35	0	32	20	9											
	20 fl oz	280	6	4	0	25	140	43	0	40	25	11											
Chai Tea Latte, Iced	16 fl oz	140	3	2	0	10	70	23	0	21	14	5			X								
	24 fl oz	250	5	3.5	0	20	125	41	0	37	25	9											
Latte, Hot	12 fl oz	110	4	2.5	0	15	105	10	0	10	0	9			X								
	16 fl oz	140	5	3.5	0	20	130	13	0	13	0	11											
	20 fl oz	170	6	4	0	25	160	15	0	15	0	14											
Latte, Iced	16 fl oz	80	3	2	0	10	90	7	0	7	0	7			X								
	24 fl oz	140	5	3.5	0	20	150	13	0	13	0	12											
Mocha, Hot	12 fl oz	270	6	4.5	0	20	135	46	2	42	32	10			X								
	16 fl oz	350	8	5	0	25	170	61	3	57	43	13											
	20 fl oz	420	9	6	0	30	210	75	3	70	53	16											
Mocha, Iced	16 fl oz	240	5	3.5	0	15	120	44	2	41	32	8			X								
	24 fl oz	390	8	6	0	25	200	72	3	67	53	14											
Signature Coffee Drinks (With 2% Milk)																							
Caramel Macchiato, Hot	12 fl oz	290	5	4	0	20	160	49	0	49	38	11			X								
	16 fl oz	370	7	4.5	0	25	200	64	0	64	50	14											
	20 fl oz	450	8	5	0	30	250	79	0	79	62	17											
Caramel Macchiato, Iced	16 fl oz	260	4	3	0	15	80	46	0	46	38	10			X								

	Serving Size	Weight (g.)	Calories	Total Fat (g.)	Saturated Fat (g.)	Trans Fats (g.)	Cholesterol (mg.)	Sodium (mg.)	Total Carbs. (g.)	Dietary Fiber (g.)	Sugars (g.)	Added Sugar (g.)	Protein (g.)	Egg	Milk	Soy	Wheat	Tree Nuts	Peanuts	Fish	Shellfish	Sesame	Additional Info
Caramel Macchiato, Iced	24 fl oz		420	7	4.5	0	25	240	76	0	76	62	15		X								
Cold Brew																							
Classic Cold Brew	16 fl oz		0	0	0	0	0	0	0	0	0	0	0										
	24 fl oz		0	0	0	0	0	5	0	0	0	0	0										
Caramel Cream Cold Brew	16 fl oz		210	7	4	0	20	75	36	0	33	33	4		X								
	24 fl oz		360	11	7	0	35	125	60	0	55	55	6										
Chocolate Cream Cold Brew	16 fl oz		200	7	4.5	0	20	50	33	2	28	28	3		X								
	24 fl oz		340	13	8	0	35	90	56	3	47	47	5										
Vanilla Cream Cold Brew	16 fl oz		180	7	4	0	20	25	29	0	25	25	2		X								
	24 fl oz		310	11	7	0	35	45	48	0	42	41	3										
Cold Brew Frozen Shakes																							
Caramel Cold Brew Shake	16 fl oz		390	6	5	0	15	220	76	0	74	66	7		X								
	24 fl oz		620	9	7	0	20	340	120	0	117	105	11										
Caramel Cold Brew Shake Coffee Free	16 fl oz		390	6	5	0	15	210	76	0	74	66	7		X								
	24 fl oz		610	9	7	0	20	340	120	0	117	105	11										
Chocolate Cold Brew Shake	16 fl oz		380	7	6	0	15	190	74	2	69	61	6		X								
	24 fl oz		590	10	8	0	20	300	117	3	108	96	10										
Chocolate Cold Brew Shake Coffee Free	16 fl oz		380	7	6	0	15	190	75	2	70	62	6		X								
	24 fl oz		590	10	8	0	20	300	116	3	108	96	10										
Classic Cold Brew Shake	16 fl oz		280	7	6	0	15	190	46	0	43	34	6		X								
	24 fl oz		450	11	9	0	25	310	74	0	70	56	10										
Classic Cold Brew Shake Coffee Free	16 fl oz		280	7	6	0	15	190	45	0	43	34	6		X								
	24 fl oz		440	11	9	0	25	310	74	0	70	56	9										
Vanilla Cold Brew Shake	16 fl oz		350	6	5	0	15	160	65	0	62	54	5		X								
	24 fl oz		540	9	7	0	20	250	104	0	99	87	8										
Vanilla Cold Brew Shake Coffee Free	16 fl oz		350	6	5	0	15	160	65	0	62	54	5		X								
	24 fl oz		540	9	7	0	20	250	104	0	99	87	8										
Hot Chocolate (With 2% Milk)																							
Hot Chocolate	12 fl oz		300	8	5	9	25	150	50	2	46	32	11		X								
	16 fl oz		400	10	7	0	35	200	67	3	63	43	15										
	20 fl oz		490	12	8		40	250	82	3	77	53	18										
Smoothies																							
Strawberry Banana Smoothie	16 fl oz		280	0	0	0	0	25	67	4	60	53	1		X								
	24 fl oz		370	0	0	0	0	40	89	5	80	712	2										

[1] Soy is only present as soybean oil. Highly refined soybean oil does not usually cause an allergic reaction.
[2] Cold Smoked Salmon is raw, consuming raw or undercooked seafood may result in foodborne illness.

[3] Phenylketonurics: contains phenylalanine

Nutrition information is based upon standard recipes, and rounded per federal requirements. Variations may occur due to differences in suppliers, customized ordering, and product preparation at the restaurant. Test products or regional items may not be included and may not be available in all areas. A 2,000 calorie daily diet is used as the basis for general nutrition advice. However, individual caloric needs may vary. Visit www.mypyramid.gov for more information. Recommended limits for a 2,000 calorie diet are 20 grams of saturated fat and 2,300 mg of sodium.