



CLASSICS

HOT OR ICED	S	M	L
MOCHA <i>milk or white chocolate</i>	340 Cal	420 Cal	530 Cal
VANILLA LATTE	350 Cal	430 Cal	490 Cal
LATTE	120 Cal	180 Cal	220 Cal
CARAMEL MACCHIATO	260 Cal	370 Cal	460 Cal
CHAI TEA LATTE	250 Cal	320 Cal	380 Cal
HOT CHOCOLATE	410 Cal	510 Cal	590 Cal

CUSTOMIZE IT *flavor shot • espresso shot • almond milk*
adds 5-320 Cal adds 0 Cal less 5-75 Cal

COFFEE

	S	M	L
COLD BREW	5 Cal	5 Cal	5 Cal
HOT COFFEE	5 Cal	5 Cal	5 Cal
<i>Caribou Blend Medium Roast</i>			
<i>Caribou Blend Decaf Medium Roast</i>			
<i>Fireside Dark Roast</i>			
<i>Vanilla Hazelnut Flavored Medium Roast</i>			

FROZEN

	S	M	L
COFFEE COOLERS <i>Coffee + Ice + Flavor + Whip</i>	520-600 Cal	600-710 Cal	690-820 Cal
<i>Real Vanilla</i>			
<i>Real Chocolate</i>			
<i>Real Caramel</i>			

STRAWBERRY BANANA SMOOTHIE	280 Cal	360 Cal	430 Cal
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TEA

	S	M	L
HOT TEA	0 Cal	0 Cal	0 Cal
ICED TEA	0 Cal	0 Cal	0 Cal

FOUNTAIN

	M	L
	0-280 Cal	0-420 Cal

Espresso drinks not available at all locations.

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DELIVERED
 TO YOUR DOOR

WE CATER GROUPS OF ANY SIZE
 Breakfast & Lunch Delivery or Pre-order for Pickup
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MENU



BAGEL BOXES

Baker's Dozen

13 Bagels + 2 Shmeared Tub

Half Dozen

6 Bagels + 1 Shmeared Tub

AVOCADO TOAST 🥑

400-500 Cal

Everything seasoning, salt & pepper on a Classic Bagel

FRESH-BAKED BAGELS

CLASSIC

Cinnamon Raisin 280 Cal

Everything 280 Cal

Plain 270 Cal

Sesame Seed 290 Cal

SIGNATURE

Asiago 300 Cal

Blueberry 290 Cal

Chocolate Chip 300 Cal

Cinnamon Sugar 320 Cal

French Toast 370 Cal

GOURMET

Cheddar Jalapeño 340 Cal

Cheesy Hash Brown 400 Cal

Green Chile 390 Cal

Six Cheese 370 Cal

DOUBLE-WHIPPED SHMEAR

Plain 120 Cal **Honey Almond**** 🥜 120 Cal

Onion & Chive 120 Cal **Jalapeño Salsa**** 110 Cal

Smoked Salmon 110 Cal **Reduced Fat Plain**** 100 Cal

Garden Veggie** 110 Cal **Strawberry**** 120 Cal

TOPPINGS

Butter Blend 100 Cal **Jelly** 70 Cal

Honey 90 Cal **Peanut Butter** 🥜 240 Cal

VEGETARIAN 🥑 CONTAINS NUTS 🥜

**25% less fat than our regular shmeared. Fat content has been reduced from 12g to 9g per serving.

EGG SANDWICHES

SIGNATURE

Farmhouse 680 Cal

Eggs, Thick-Cut Bacon, Smoked Ham, Cheddar Cheese with Country Pepper Shmeared on a Cheesy Hash Brown Gourmet Bagel

Chorizo Sunrise 800 Cal

Eggs, Chorizo, Cheese, Avocado, Jalapeño Salsa Shmeared on a Green Chile Gourmet Bagel

All-Nighter 880 Cal

Eggs, Bacon, American Cheese, Jalapeño Garlic Aioli on a Cheesy Hash Brown Gourmet Bagel

Garden Avocado 🥑 500 Cal

Eggs, Avocado, Tomato, Spinach, Roasted Tomato Spread on an Everything Bagel

EGG WHITES

Santa Fe 530 Cal

Egg White, Turkey-Sausage, Cheese with Roasted Tomato Salsa and Jalapeño Salsa Shmeared on an Asiago Thintastic Bagel

Bacon, Avocado & Tomato 410 Cal

Egg White, Thick-Cut Bacon, Avocado, Tomato with Roasted Tomato Spread on a Plain Thintastic Bagel

CLASSIC

Bacon & Cheddar 450 Cal

Turkey-Sausage & Cheddar 480 Cal

Ham & Swiss 450 Cal

Cheddar Cheese 🧀 410 Cal

CUSTOMIZE IT

Add a Second Egg Adds 80 Cal

Upgrade to a Gourmet Bagel Adds 60-80 Cal

Substitute Egg White Subtract 45 Cal per Egg

Make Your Bagel Thintastic Subtract 70-120 Cal

MAKE IT A MEAL

Add Twice-Baked Hash Brown and Medium Coffee or Orange Juice 195-420 Cal

DELI LUNCH

Side of Chips Included 180 Cal

Nova Lox* 480 Cal

Nova Lox, Red Onion, Capers, Tomato with Plain Shmeared on a Plain Bagel

Turkey, Bacon & Avocado 610 Cal

Roasted Turkey, Thick-Cut Bacon, Avocado, Lettuce, Tomato with Roasted Tomato Spread on a Plain Bagel

Tasty Turkey 510 Cal

Roasted Turkey, Spinach, Cucumber, Lettuce, Tomato with Onion & Chive Shmeared on an Asiago Bagel

Avocado Veg Out 🥑 420 Cal

Avocado, Tomato, Cucumber, Red Onion, Spinach, Lettuce with Garden Veggie Shmeared on a Sesame Bagel

Turkey & Cheddar 540 Cal

Roasted Turkey, Cheddar Cheese, Lettuce, Tomato, Red Onion with Mayo and Deli Mustard on a Plain Bagel

Ham & Swiss 550 Cal

Smoked Ham, Swiss Cheese, Lettuce, Tomato, Red Onion, with Mayo and Deli Mustard on a Plain Bagel

Pizza Bagel

Cheese 🧀 440 Cal

Pepperoni 530 Cal

*COLD SMOKED SALMON IS NOT COOKED. CONSUMING RAW OR UNDER COOKED SEAFOOD MAY INCREASE THE RISK OF FOODBORNE ILLNESS.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Items subject to change without notice and may not be available in all locations.

Bacon & Cheddar



Farmhouse



Pepperoni
Pizza Bagel

